

# SimpleStrap™

Reorder #302328  
Instructions for Use

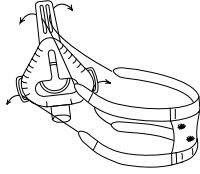


(Assembled in Mexico)

The SimpleStrap is a reusable headstrap designed for single patient use with Respironics' nasal and full face masks. You may want to ask someone to help fit the SimpleStrap when you are putting it on for the first time.

## Assembly

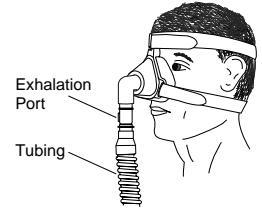
Step 1 Unhook the tabs on the four straps. Thread the four tabs through the top and side slots in the mask. Fasten the tabs onto the straps for the largest size possible.



Step 2 Hold the mask in place, pressing comfortably against your face, and slide the headstrap over your head.



Step 3 Connect the exhalation port and tubing. Turn the Respironics BiPAP® or CPAP System on.



Step 4 Lie down and breathe normally through your nose, keeping your lips closed. Unhook the straps and then gradually tighten them until the mask has minimal leaks and fits comfortably. Adjust the top straps first, making sure that they are above your ears. Adjust the neck straps and make sure the SimpleStrap securely fits the back of your head. Readjust the strap tension if leaks occur as your position changes. OPTIONAL: If desired, you can attach the enclosed Quick Clip for even easier removal of the SimpleStrap. Follow the directions included with the Quick Clip for easy assembly.

NOTE: Do not overtighten the straps. Overtightening can cause or worsen leaks.

## Removing the SimpleStrap

Because the entire SimpleStrap stretches, you should not need to unfasten the straps to remove the headstrap. Simply slide the mask and headstrap over your head. If necessary, unfasten either of the neck straps to remove the SimpleStrap, or use the Quick Clip included with the SimpleStrap.

## Cleaning Instructions

Clean the SimpleStrap at least once each week or more often if needed. Fasten the hook tabs on the straps so that they don't catch other garments in the laundry.

Step 1 Hand or machine wash with a standard laundry detergent and warm water. OPTIONAL: To disinfect, soak the SimpleStrap in a solution of 1/4 cup chlorinated bleach and 2 gallons of water. Rinse thoroughly. Caution: Disinfecting with bleach may cause some discoloration.

Step 2 Line dry or machine dry at the medium heat setting.

NOTE: Slight readjustment of the straps may be needed after repeated washings.

1002135  
JBM 3/19/99

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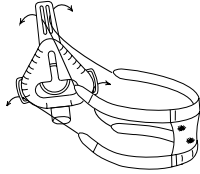


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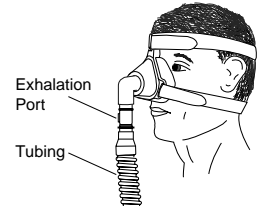
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