

Clinician Guide for Sizing & Fitting ComfortFull™ 2 Full Face Mask

1. Use either the ComfortFull 2 sizing gauge or bag sizing gauge to determine the appropriate mask size.



Place the sizing gauge over the patient's nose and mouth.

The **patient's mouth** should be **open slightly**.



Choose the smallest size that is wider than the mouth and long enough to extend beyond the patient's lower lip.

2. Prepare ComfortFull 2 before placing on the patient.

Adjust the straps on the ComfortHeadgear™ to more than accommodate the size of the patient's head.

Set the **StabilitySelector™** to its **highest position**.



Disconnect one side of the headgear by releasing the ball-and-socket headgear clip at the bottom of the mask.



3. Place ComfortFull 2 on the patient and make initial adjustments while the patient is sitting.



Place the mask cushion against the patient's face by first setting the base of the cushion under the lower lip then rolling the cushion up to the nose. Note: **Do not** use the bridge of the nose as the starting point for fitting ComfortFull 2.



While holding the mask against the patient, reconnect the headgear.

Adjust the top straps so that the forehead pad is slightly touching the forehead. Adjust the bottom straps so that the mask is sitting gently on the face. The mask should not feel tight.



Be sure that the **top** and **bottom straps** of the headgear are **parallel** and the back of the headgear is flat against back of head.



4. Make final adjustments to the mask while the patient is lying down.



Ask the patient to lie down. Make sure the forehead pad still rests evenly against the forehead. If not, adjust the top straps of the headgear to allow the forehead pad to rest evenly and comfortably against the forehead. **Do not** over-tighten the headgear.



Also check to make sure the cushion is snug against the face. If not, tighten the bottom straps so that the mask is snug but comfortable against the face.

5. Apply pressure and identify leaks.



Turn on PAP and gradually raise pressure to prescribed level. Ask the patient to turn from side to side on the bed as they would while sleeping.

The **patient's mouth** should be **open slightly**.



Ask the patient to identify areas of leak that may impede their ability to sleep.

6. Adjust for leaks.

In the event of leaks, follow these three recommended methods in order to obtain a better seal:



First: Re-seat the mask.

Pull the mask directly away from the face then place it back into place. This allows the cushion and flap to create a new seal on the face.

Second: Adjust the StabilitySelector to correct for any leaks. This is a critical step in the fitting process.



Problem: Leaks around the nose or into the eyes

Solution: Adjust the StabilitySelector to a **lower position**. This will bring the top of the cushion closer to the face.



Problem: Leaks around or below the mouth

Solution: Adjust the StabilitySelector to a **higher position**. This will bring the bottom of the cushion closer to the face.

Step 6 continued...

Third: Re-seat the mask again.



Fourth: Tighten the headgear.

If leaks are still present, apply pressure directly to the mask in the location of the leak. If this eliminates the leak, tighten the straps closest to the leak to accommodate the seal.

Note: Excessive tightening of the headgear may cause unnecessary discomfort and actually cause leaks.

Remember: Not all leaks have to be corrected. If the air is not disrupting sleep, the therapy device will compensate.

7. Remove Mask.



To remove the mask, disconnect the ball-and-socket clip on one side and pull the mask up and over the head.

See the ComfortFull 2 online at
www.comfortseries.respironics.com



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CAUTION: U.S. federal law restricts this device to sale by or on the order of a physician.
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